1	BILL LOCKYER, Attorney General		
2	of the State of California JOSE R. GUERRERO,		
3	Supervising Deputy Attorney General VIVIEN H. HARA, State Bar No. 84589		
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7	Attorneys for Complainant		
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9	PHYSICAL THERAPY BOARD OF CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA		
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12	In the Matter of the Accusation Against:	Case No. ID-2004-64021	
13	SANDHYA DHARMADAS 598 Hildebrand Circle	FIRST AMENDED ACCUSATION	
14	Folsom, CA 95630	TIKST AWIENDED ACCUSATION	
15	Physical Therapist License No. PT 25688		
16	Respondent.		
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18	Complainant alleges:		
19	PARTIE	<u>S</u>	
20	1. Steven K. Hartzell (Complain	ant) brings this Accusation solely in his	
21	official capacity as the Executive Officer of the Physical Therapy Board of California,		
22	Department of Consumer Affairs.		
23	2. On or about November 13, 20	00, the Physical Therapy Board of California	
24	issued Physical Therapist License Number PT 25688 to SANDHYA DHARMADAS		
25	("Respondent" or "Dharmadas"). The Physical Therapist License was in full force and effect at		
26	all times relevant to the charges brought herein and will expire on February 29, 2008, unless		
27	renewed.		
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JURISDICTION

- 3. This Accusation is brought before the Physical Therapy Board of California (Board), Department of Consumer Affairs, under the authority of the following laws. All section references are to the Business and Professions Code unless otherwise indicated.
 - 4. Section 2609 of the Code states:

"The board shall issue, suspend, and revoke licenses and approvals to practice physical therapy as provided in this chapter."

5. Section 2630 of the Code states:

"It is unlawful for any person or persons to practice, or offer to practice, physical therapy in this state for compensation received or expected, or to hold himself or herself out as a physical therapist, unless at the time of so doing the person holds a valid, unexpired, and unrevoked license issued under this chapter.

"Nothing in this section shall restrict the activities authorized by their licenses on the part of any persons licensed under this code or any initiative act, or the activities authorized to be performed pursuant to Article 4.5 (commencing with Section 2655) or Chapter 7.7 (commencing with Section 3500). A physical therapist licensed pursuant to this chapter may utilize the services of one aide engaged in patient-related tasks to assist the physical therapist in his or her practice of physical therapy. "Patient-related task" means a physical therapy service rendered directly to the patient by an aide, excluding non-patient-related tasks. "Non-patient-related task" means a task related to observation of the patient, transport of the patient, physical support only during gait or transfer training, housekeeping duties, clerical duties, and similar functions. The aide shall at all times be under the orders, direction, and immediate supervision of the physical therapist. Nothing in this section shall authorize an aide to independently perform physical therapy or any physical therapy procedure. The board shall adopt regulations that set forth the standards and requirements for the orders, direction, and immediate supervision of an aide by a physical therapist. The physical therapist shall provide continuous and immediate supervision of the aide. The physical therapist shall be in the same facility as,

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and in proximity to, the location where the aide is performing patient-related tasks, and shall be readily available at all times to provide advice or instruction to the aide. When patient-related tasks are provided to a patient by an aide, the supervising physical therapist shall, at some point during the treatment day, provide direct service to the patient as treatment for the patient's condition, or to further evaluate and monitor the patient's progress, and shall correspondingly document the patient's record.

"The administration of massage, external baths, or normal exercise not a part of a physical therapy treatment shall not be prohibited by this section".

6. Section 2660 of the Code states:

"The board may, after the conduct of appropriate proceedings under the Administrative Procedure Act, suspend for not more than 12 months, or revoke, or impose probationary conditions upon, or issue subject to terms and conditions any license, certificate, or approval issued under this chapter for any of the following causes:

- (h) Gross negligence in his or her practice as a physical therapist or physical therapy assistant.
- (i) . . . violating, or attempting to violate, directly or indirectly, or assisting in or abetting the violating of, or conspiring to violate any provision or term of this chapter or of the State Medical Practice Act.
- (j) The aiding or abetting of any person to violate this chapter or any regulations duly adopted under this chapter.
- (k) The aiding or abetting of any person to engage in the unlawful practice of physical therapy.
- (1) The commission of any fraudulent, dishonest, or corrupt act which is substantially related to the qualifications, functions, or duties of a physical therapist or physical therapy assistant.

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7. Section 2655 of the Code states:

"As used in this article:

- (a) "Physical therapist" means a physical therapist licensed by the board.
- (b) "Physical therapist assistant" means a person who meets the qualifications stated in Section 2655.3 and who is approved by the board to assist in the provision of physical therapy under the supervision of a physical therapist who shall be responsible for the extent, kind, and quality of the services provided by the physical therapist assistant.
 - (c) "Physical therapist assistant" and "physical therapy assistant" shall be deemed identical and interchangeable.

8. Section 2655.2 of the Code states:

"A physical therapist shall not supervise more physical therapist assistants at any one time than in the opinion of the board can be adequately supervised. Two physical therapist assistants shall be the maximum number of physical therapist assistants supervised by a physical therapist at any one time, but the board may permit the supervision of a greater number by a physical therapist if, in the opinion of the board, there would be adequate supervision and the public's health and safety would be served. In no case, however, shall the total number of physical therapist assistants exceed twice the number of physical therapists regularly employed by a facility at any one time."

9. Section 2655.7 of the Code states:

"Notwithstanding Section 2630, a physical therapist assistant may assist in the provision of physical therapy service provided the assistance is rendered under the supervision of a physical therapist licensed by the board."

10. Section 2655.92 of the Code states:

"The board may adopt regulations as reasonably necessary to carry out the purposes of this article. The board shall adopt a regulation formulating a definition of the term "adequate supervision" as used in this article."

11. Section 1398.44 of Title 16 of the California Code of Regulations states: "1398.44. Adequate Supervision Defined.

"A licensed physical therapist shall at all times be responsible for all physical therapy services provided by the physical therapist assistant. The supervising physical therapist has continuing responsibility to follow the progress of each patient, provide direct care to the patient and to assure that the physical therapist assistant does not function autonomously. Adequate supervision shall include all of the following:

- (a) The supervising physical therapist shall be readily available in person or by telecommunication to the physical therapist assistant at all times while the physical therapist assistant is treating patients. The supervising physical therapist shall provide periodic on site supervision and observation of the assigned patient care rendered by the physical therapist assistant.
- (b) The supervising physical therapist shall initially evaluate each patient and document in the patient record, along with his or her signature, the evaluation and when the patient is to be reevaluated.
- (c) The supervising physical therapist shall formulate and document in each patient's record, along with his or her signature, the treatment program goals and plan based upon the evaluation and any other information available to the supervising physical therapist. This information shall be communicated verbally, or in writing by the supervising physical therapist to the physical therapist assistant prior to initiation of treatment by the physical therapist assistant. The supervising physical therapist shall determine which elements of the treatment plan may be assigned to the physical therapist assistant. Assignment of these responsibilities must be commensurate with the qualifications, including experience, education and training, of the physical therapist assistant.
- (d) The supervising physical therapist shall reevaluate the patient as previously determined, or more often if necessary, and modify the treatment, goals

and plan as needed. The reevaluation shall include treatment to the patient by the supervising physical therapist. The reevaluation shall be documented and signed by the supervising physical therapist in the patient's record and shall reflect the patient's progress toward the treatment goals and when the next reevaluation shall be performed.

- (e) The physical therapist assistant shall document each treatment in the patient record, along with his or her signature. The physical therapist assistant shall document in the patient record and notify the supervising physical therapist of any change in the patient's condition not consistent with planned progress or treatment goals. The change in condition necessitates a reevaluation by a supervising physical therapist before further treatment by the physical therapist assistant.
- (f) Within seven (7) days of the care being provided by the physical therapist assistant, the supervising physical therapist shall review, cosign and date all documentation by the physical therapist assistant or conduct a weekly case conference and document it in the patient record. Cosigning by the supervising physical therapist indicates that the supervising physical therapist has read the documentation, and unless the supervising physical therapist indicates otherwise, he or she is in agreement with the contents of the documentation.
- (g) There shall be a regularly scheduled and documented case conference between the supervising physical therapist and physical therapist assistant regarding the patient. The frequency of the conferences is to be determined by the supervising physical therapist based on the needs of the patient, the supervisory needs of the physical therapist assistant and shall be at least every thirty calendar days.
- (h) The supervising physical therapist shall establish a discharge plan. At the time of discharge, or within 7 (seven) days thereafter, a supervising physical therapist shall document in the patient's record, along with his or her signature, the

patient's response to treatment in the form of a reevaluation or discharge summary."

12. Section 1399 of Title 16 of the California Code of Regulations states:

1399. Requirements for Use of Aides.

"A physical therapy aide is an unlicensed person who assists a physical therapist and may be utilized by a physical therapist in his or her practice by performing non-patient related tasks, or by performing patient related tasks.

- (a) As used in these regulations:
- (1) A "patient related task" means a physical therapy service rendered directly to the patient by an aide, excluding non-patient related tasks as defined below.
- (2) A "non-patient related task" means a task related to observation of the patient, transport of patients, physical support only during gait or transfer training, housekeeping duties, clerical duties and similar functions.
 - (b) "Under the orders, direction and immediate supervision" means:
- (1) Prior to the initiation of care, the physical therapist shall evaluate every patient prior to the performance of any patient related tasks by the aide. The evaluation shall be documented in the patient's record.
- (2) The physical therapist shall formulate and record in the patient's record a treatment program based upon the evaluation and any other information available to the physical therapist, and shall determine those patient related tasks which may be assigned to an aide. The patient's record shall reflect those patient related tasks that were rendered by the aide, including the signature of the aide who performed those tasks.
- (3) The physical therapist shall assign only those patient related tasks that can be safely and effectively performed by the aide. The supervising physical therapist shall be responsible at all times for the conduct of the aide while he or she is on duty.

(4) The physical therapist shall provide continuous and immediate supervision of the aide. The physical therapist shall be in the same facility as and in immediate proximity to the location where the aide is performing patient related tasks, and shall be readily available at all times to provide advice or instruction to the aide. When patient related tasks are provided a patient by an aide the supervising physical therapist shall at some point during the treatment day provide direct service to the patient as treatment for the patient's condition or to further evaluate and monitor the patient's progress, and so document in the patient's record.

- (5) The physical therapist shall perform periodic re-evaluation of the patient as necessary and make adjustments in the patient's treatment program. The re-evaluation shall be documented in the patient's record.
- (6) The supervising physical therapist shall countersign with their first initial and last name, and date all entries in the patient's record, on the same day as patient related tasks were provided by the aide.
- 13. Section 2661.5 (a) of the Code states:

"In any order issued in resolution of a disciplinary proceeding before the board, the board may request the administrative law judge to direct any licensee found guilty of unprofessional conduct to pay to the board a sum not to exceed the actual and reasonable costs of the investigation and prosecution of the case".

EVENTS, ACTS OR OMISSIONS: WASHINGTON OUTPATIENT REHABILITATION

14. On or about April 21, 2003, the Physical Therapy Board of California received a complaint from John Nativo, Physical Therapy Advisor, Blue Shield of California, alleging that documentation submitted by Washington Outpatient Rehabilitation Center to Blue Shield of California, which included billing for physical therapy services provided by a Physical Therapy Assistant ("PTA"), lacked the required co-signatures of a Supervising Physical Therapist. The Division of Investigation ("DOP") thereafter conducted an investigation on behalf of the Board.

15.	As part of the investigation, DOI investigators interviewed Nelson Mant
Tumanda, PTA 6004	who indicated as follows:

- A. Tumanda identified himself as the PTA signing as "James Tumanda" in the records. Tumanda described his duties as assisting PTs with patient treatment plans. Tumanda stated that he believed the standard of practice was to have a PT first see and evaluate the patient. Tumanda said the patients assigned to him were and are, routinely seen first and evaluated by a PT who develops their plan of care. If there was no significant therapy or supervision required, the patient was transferred to Tumanda who carried out the PT's plan of care.
- B. Tumanda stated that his patients are listed under his name in the appointment schedule. Although his schedule varied, he carried a caseload of about twenty patients a day and often worked a 10 hours day. Tumanda stated that the ideal schedule is two patients every half-hour; however, his schedule was half that because he worked alone. Tumanda said a PT was usually in the clinic during business hours; however, he admitted there were days when no PT was present, for instance, when a PT called in sick.
- 16. Physical Therapy Board consultants and investigators subsequently conducted a records audit at Washington Outpatient Rehabilitation Center. Charts for Patients identified as Patients 1, 11, 12, and 13 were reviewed¹.
- 17. A review of Patient 1's record revealed that on 06/23/03, Dharmadas performed and signed an Upper Extremity Evaluation Form. A flow sheet of exercises dated 07/01/03 07/24/03, contained check marks only for each exercise and date of service. There were no signatures by attending therapists. Further, on 07/01/03, 07/03/03, 07/08/03, 07/15/03 and 07/22/03, the Flow Chart Treatment Notes were recorded and signed by Tumanda with no co-signature by a supervising physical therapist. Further, a Physical Therapy Progress Evaluation

^{1.} Names of patients were redacted from the physical therapy records and replaced with a letter or number as an identifier.

- 18. A review of Patient 11's record revealed that on 12/16/02, Dharmadas performed and signed a Lower Extremity Evaluation Form. However, a Flow Chart Treatment Note of 12/31/02 was recorded and signed by Tumanda with no co-signature by a supervising physical therapist.
- 19. A review of Patient 12's record revealed Flow Chart Treatment Notes of February 3, 6, 10, 12, 19, 2002, October 8, 15, 22, 25, 2002, and May 1, 6, 9, 14, 16, 20, 22, 24, 2002, recorded and signed by Tumanda with no co-signature by a supervising physical therapist. Further, five Physical Therapy Progress Evaluations (and Reports) (03/03/03, 02/03/03, 10/28/02, 05/28/02, 05/15/01, were performed, charted and signed by Tumanda without a co-signature by a supervising physical therapist. (Only a physical therapist may perform a progress evaluation). Moreover, for the patient visits on 02/03/03, 02/10/03, 02/19/03 and 03/03/03, Amy Knight, PT, and Sandhya Dharmadas, PT, were on the same work schedule those days, but did not countersign Tumanda's signatures.
- 20. A review of Patient 13's record revealed that on June 14, 17, 19, 21, 28, 2002, July 2, 23, 24, 26, 29, 2002, and August 2, 2002, the Flow Chart Treatment Notes were recorded and signed by Tumanda with no co-signature by a supervising physical therapist. Either Amy Knight, PT, or Sandhya Dharmadas, PT, were present on every one of Patient 13's patient visits. On some of those visits, both Knight and Dharmadas were present. Further, three Physical Therapy Progress Evaluations (and Reports) (10/14/02, 08/07/02, 06/24/02) were also performed and signed by Tumanda, with a co-signature by a supervising physical therapist. (However, only a physical therapist may perform a progress evaluation).
- 21. A review of the work schedules revealed that on 06/21/02, Tumanda had forty-five (45) patients on his schedule. No other PT or PTA worked that day. Present at the clinic that day were Patsy Lotich, OTR, Brandi Alderson, aide, Andrew Goodall, aide, Alicia Stephens, front office, Rupert Lao, aide, Gina Perales, front office, and Kristine Galvez, aide.

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22. A review of the work schedules revealed that on 07/01/02, Amy Knight, PT, had thirty-one patients scheduled, including five evaluations. Dharmadas had eleven patients scheduled, including six evaluations. Present at the clinic that day were Christina Santiago, office manager, Brandi Alderson, aide, Andrew Goodall, aide, Rupert Lao, aide, and Kristine Galvez, aide.

23. A review of the work schedules revealed that on 02/07/03, Tumanda had thirty-one patients on his schedule. Sandhya Dharmadas, PT, had twenty-two patients on her schedule. Present at the clinic that day were Patsy Lotich, OTR, Andrew Goodall, aide, Rupert Lao, aide, Krystal Gamab, aide, Christina Santiago, manager and Kristine Galvez, aide.

FIRST CAUSES FOR DISCIPLINARY ACTION

- 24. Respondent is subject to disciplinary action based upon the events, acts, or omissions, set forth hereinabove, pursuant to Business and Professions Code sections: 2660 (h); and/or 2660 (i); and/or 2660 (j); and/or 2660 (k); and/or for violating or attempting to violate, or assisting in or abetting the violating of, or aiding or abetting or conspiring to violate, section 2630 of the Code and/or section 1399 of Title 16 of the California Code of Regulations; and/or for violating or attempting to violate, or assisting in or abetting the violating of, or aiding or abetting or conspiring to violate section 1398.44 of Title 16 of the California Code of Regulations, including subdivision (a), and/or (b), and/or (c), and/or (d), and/or (f), and/or (g), in that:
- As the supervising licensed physical therapist, respondent did not Α. properly supervise all physical therapy services provided by the physical therapist assistant; and/or failed to assure that the physical therapist assistant did not function autonomously [section 1398.44 of Title 16 of the California Code of Regulations]; and/or
- В. As the supervising physical therapist, respondent was not readily available in person or by telecommunication to the physical therapist assistant at all times while the physical therapist assistant was treating patients; and/or as the supervising physical therapist, respondent did not provide periodic on site supervision and observation of the assigned patient care rendered by the physical therapist assistant [section 1398.44 (a) of Title 16 of the California Code of Regulations]; and/or

- D. Respondent, as the supervising physical therapist, failed to communicate verbally, or in writing, to the physical therapist assistant, prior to initiation of treatment by the physical therapist assistant; and/or respondent, as the supervising physical therapist, failed to determine which elements of the treatment plan could be assigned to the physical therapist assistant, commensurate with the qualifications, including experience, education and training, of the physical therapist assistant [section 1398.44 (c) of Title 16 of the California Code of Regulations]; and/or
- E. Respondent, as a supervising physical therapist, allowed the physical therapist assistant to performed Physical Therapy Progress Evaluations (and Reports), which can only be performed by a physical therapist [section 1398.44 (d) of Title 16 of the California Code of Regulations]; and/or
- F. Respondent, as the supervising physical therapist, failed to, within seven (7) days of the care being provided by the physical therapist assistant, review, cosign and date all documentation by the physical therapist assistant; and/or conduct a weekly case conference and document it in the patient record [section 1398.44 (f) of Title 16 of the California Code of Regulations]; and/or
- G. Respondent, as the supervising physical therapist, failed to conduct a regularly scheduled and documented case conference between the supervising physical therapist and physical therapist assistant regarding the patient [section 1398.44 (g) of Title 16 of the California Code of Regulations]; and/or
- H. Respondent, as the supervising physical therapist, allowed the physical therapist assistant to essentially practice independently and autonomously in the clinic with his own schedule and without the required co-signatures or documented patient conferences with respondent [section 2630 of the Code]; and/or

I. Respondent, as the supervising physical therapist, failed to properly supervise aides, and/or allowed the physical therapist assistant to supervise aides and other support personnel [section 2630 of the Code and section 1399 of Title 16 of the California Code of Regulations].

EVENTS, ACTS, OR OMISSIONS: CARROLA PHYSICAL THERAPY, INC.

- 25. On or about July 28, 2004, Laura Campos, Senior Investigator for the Division of Investigation, California Department of Consumer Affairs and Dennis M. Ellingson, Physical Therapist and consultant to the Board, conducted an onsite review of records at the site of Carrola Physical Therapy, Inc., 1740 Marco Polo Way, Suite 3, Burlingame, California 94010. Mr. Ellingson reviewed the schedule for the months of June and July 2004 and selected patients from the schedules of each of the physical therapists and physical therapist assistants to review. All patient daily notes and billing are computerized. The clinic provided the pertinent patient records chosen with the patient names redacted and re-identified by number.
- 26. Mr. Ellingson reviewed the records of Patient 4, a 74 year old female adult, and these revealed that this patient had presented on March 29, 2004 and was suffering from pain associated with a fall, subsequent right femoral fracture and surgical repair of that fracture.

 Treatment was provided through July 27, 2004. Respondent did the intake examination on this patient and set up a treatment program for her on that date. Respondent did not document in the intake evaluation when Patient A was to be reevaluated.
- Therapist Assistant, on March 31, April 5, April 7, April 15, April 20, April 23, April 27, May 6, May 10, May 13, May 17, May 20, May 24, May 27, June 1, June 3, June 4, June 9, June 11, June 14, June 16, June 18, June 21, June 24, July 2, July 20, and July 27, 2004 and by Mark Peckham, Physical Therapist Assistant on two occasions, July 6, 2004 and July 13, 2004. Respondent performed treatments herself on April 12, 2004 and May 6, 2004, and a cursory "established patient assessment" on May 3, 2004.

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28. On no occasion when the physical therapist assistant performed follow-up treatments for Patient 4 did respondent co-sign the physical therapist assistant's treatment notes as the supervising physical therapist. There was no indication in the record for Patient 4 of weekly case conferences between the physical therapist and physical therapist assistant. Medicare Certification Requests on Patient 4 indicate respondent as the physical therapist in charge of treatment for Patient 4 at least through May 22, 2004.

SECOND CAUSES FOR DISCIPLINARY ACTION

- 29. Respondent is subject to disciplinary action based upon the events, acts, or omissions set forth in paragraphs 25 through 28, above, pursuant to Business and Professions Code sections: 2660(h); and/or 2660(i); and/or 2660(j); and/or 2660(k); and/or section 1398.44 of Title 16 California Code of Regulations, including subdivision (a), and/or (c), and/or (d), and/or (f), and/or (g), in that:
- Α. As the supervising licensed physical therapist, respondent did not properly supervise all physical therapy services provided by the physical therapist assistant and/or she failed to assure that the physical therapist assistant did not function autonomously [Section 1398.44 of Title 16 of the California Code of Regulations]; and/or
- В. As the supervising physical therapist, respondent was not readily available in person or by telecommunication to the physical therapist assistant at all times while the physical therapist assistant was treating the patient; and/or as the supervising physical therapist, respondent did not provide periodic on site supervision and observation of the assigned patient care rendered by the physical therapist assistant [section 1398.44(a) of Title 16 of the California Code of Regulations]; and/or
- C. Respondent failed to document in the patient record when the patient was to be reevaluated, and in fact documented no reevaluation, only a cursory "established patient assessment" on Patient 4 [section 1398.44(b) of Title 16 of the California Code of Regulations]; and/or

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1	D. Respondent, as the supervising physical therapist, failed to		
2	communicate verbally, or in writing, to the physical therapist assistant, prior to initiation of		
3	treatment by the physical therapist assistant; and/or respondent, as the supervising physical		
4	therapist, failed to determine which elements of the treatment plan could be assigned to the		
5	physical therapist assistant, commensurate with the qualifications, including experience,		
6	education, and training, of the physical therapist assistant [section 1398.44 (c)of Title 16 of the		
7	California Code of Regulations; and/or		
8	E. Respondent, as the supervising physical therapist, failed to, within		
9	seven (7) days of the care being provided by the physical therapist assistant, review, cosign, and		
10	date all documentation by the physical therapist assistant; and/or conduct a weekly case		
11	conference and document it in the patient record [section 1398.44(f) of Title 16 of the California		
12	Code of Regulations]; and/or		
13	F. Respondent, as the supervising physical therapist, failed to conduct		
14	a regularly scheduled and documented case conference between the supervising physical therapist		
15	and physical therapist assistant regarding the patient [section 1398.44(g) of Title 16 of the		
16	California Code of Regulations]; and/or		
17	G. Respondent, as the supervising physical therapist, allowed the		
18	physical therapist assistant essentially to practice independently and autonomously in the clinic		
19	with her/his own schedule and without the required co-signatures or documented patient		
20	conferences with respondent [section 2630 of the Code].		
21	<u>PRAYER</u>		
22	WHEREFORE, Complainant requests that a hearing be held on the matters herein		
23	alleged, and that following the hearing, the Physical Therapy Board of California issue a decision		
24	1. Revoking or suspending Physical Therapist License Number PT 25688,		
25	issued to SANDHYA DHARMADAS;		
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1	2. Ordering SANDHYA DHARMADAS to pay the Physical Therapy Board	
2	of California the reasonable costs of the investigation and enforcement of this case, pursuant to	
3	Business and Professions Code section 2661.5;	
4	3. Taking such other and further action as deemed necessary and proper.	
5	DATED: <u>April 27, 2006</u>	
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7	Original Signed By: STEVEN K. HARTZELL	
8 9	Executive Officer Physical Therapy Board of California Department of Consumer Affairs	
10	State of California	
11	Complainant	
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